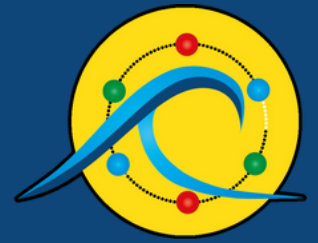


# NULSEN PRIMARY SCHOOL NEWSLETTER

News 4, 7th May 2024



All about Nulsen Primary School, a school in which we learn

## JOKES OF THE WEEK

**What did one pencil say to the other pencil?**

You're looking sharp!

**Why did the teacher wear sunglasses to school?**

Because her students were so bright!



## PRINCIPAL'S REPORT

The first few weeks of term have kept us busy and engaged. Over the past couple of weeks, our students have participated in ANZAC day learning. We were lucky to have Midge Dansey and Nona Vine join us to share their experiences and more about women in war at our ANZAC assembly. Their words were insightful and provided context to our history. Area 16 continued this theme at their assembly where they spoke about the ANZACS and World War 1. The confidence they demonstrated whilst sharing their reports and the support they offered each other was reflective of the soldiers they had been researching.

### **School Well-Being Officer**

Mrs. Janelle Butler has adjusted her role from School Chaplain to School Well-Being Officer. Her role is to support our students and families in many ways. This includes checking in with students at school to see how they are traveling, helping students and families to engage with school and to access supplies as needed, and supporting families to link up with external services. Janelle has joined the P&C as the P&C president through her role with the aim of connecting our school to the wider community and strengthening community relationships. Janelle will be at Nulsen Primary School every Thursday and Friday.

# PRINCIPAL'S REPORT (CONTINUED)

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## **Reminder to All Students and Families**

Our school office doors open at 8 a.m. The Breakfast Club and our supervised sharing circle begin at 8:15 a.m. With the colder weather settling in sharing circle will be in the library for the remainder of Term 2. On Tuesdays and Thursdays, our Running Club meets from 8:10 to 8:30 a.m., offering a healthy start to the day. Thank you for your continued support and understanding as we prioritise the safety and well-being of our school community. For those needing early drop-off options, please notify the school in advance so we can ensure proper supervision for our students.

## **School Board Position Available**

The school board is seeking a new parent representative to join the team. A one-term position has opened up and all nominations are welcome. The school board focuses on the core priorities of the school and is a governing body. During board meetings, open conversations about identified priorities are encouraged, and information about school operations is shared. The board is a great place to learn more about the school and to have a say and initiate change. Nominations for the parent position will close on the 21st of May. If you are interested in nominating, please collect a nomination form from the front office.

## **Library Volunteers Needed**

The library has received some new books and is seeking volunteers who may have some time available to help cover them. Your support with covering will enable us to get our new resources on the library shelves ready for our students to borrow them. If you are able to help out, please contact the front office.

## **National Walk to School Day**

This Friday is National Walk to School Day. Every student who walks to school on Friday will receive an acknowledgment and sticker at school. National Walk to School Day encourages safe road user behaviours. Along with this, walking is one of the best forms of exercise, and the day aims to raise awareness about the health, community, and environmental benefits of regularly walking to school. We look forward to seeing everyone walking to school on Friday.

## **Winter Uniform Reminder**

Now that the weather is cooling down, all students are reminded to ensure they are wearing their winter school uniform. Plain blue and black clothes are okay to wear if you don't have the logo uniform. Please refrain from wearing brightly coloured leggings and trousers. Uniforms can be purchased through Haslams, if you require support, please come and see us in the front office.

# PRINCIPAL'S REPORT (CONTINUED)

## Crunch and Sip

All students are reminded to bring their crunch and sip to school every day. We are lucky enough to receive fruit donations from Woolworths and Pink Lake IGA; however, supplies are often limited, and there is not enough to provide fruit regularly to all students.

## Rocket Launch

In this term's science curriculum, our Year 3-6 students have been delving into the fascinating realm of physics, particularly exploring the dynamics of push and pull forces. To enhance their learning experience and foster greater engagement, we're thrilled to announce that Bluemar has generously donated model rockets for all our Year 3-6 students to assemble and launch. Mark your calendars because the grand launch day is scheduled for Wednesday, May 16th. We extend a warm invitation to our families and community members to join us and witness the spectacle, hoping for successful liftoffs from our students' rockets. The timetable for the rocket launch is as follows:

10:00am - 10:45am: Area 15

10:45am - 11:30am: Area 9

12:00pm - 12:45pm: Area 10

12:45pm - 1:30pm: Area 16

2:00pm - 2:45pm: Area 17

We look forward to seeing you there!

## Headlice



### HEAD LICE ALERT

PLEASE CHECK YOUR CHILD'S HAIR TONIGHT!!


**TO CHECK**  
Check the scalp for insects or eggs.  
Use a fine-tooth comb on wet hair then comb through the hair in sections looking for eggs or lice, repeat over a few days.

**TO TREAT**  
Wet the hair and scalp with conditioner or use chemical shampoo/ lotion (containing insecticide) – this will kill the lice and eggs. Using a fine metal comb, or special head lice comb you can get from a chemist, go through the hair in sections to comb the lice and eggs out.

*Always re-treat 7-10 days after the first treatment, to kill any head lice that may have hatched from eggs that survived the first treatment.*

**TIPS**

- ✓ Check and treat the hair every night
- ✓ Please tie up long hair for school
- ✓ If your child has head lice please check everyone in the family home
- ✓ Do not share hairbrushes, towels, hats/ scarves etc.



## Stay Connected

Remember to keep in the loop with school communication. Check your child's bag regularly, like the school Facebook page, and stay connected through SEESAW.

Warm regards,  
Krystal Wiggins  
Principal



# ASSEMBLY CERTIFICATE WINNERS

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Here are our amazing certificate winners from last weeks assembly:

## ECE

Area 2: Adrianna Alexander & Amaalu Abucha

Area 3: Halen Miller



## JUNIOR



Area 6: Ivory Turner & Jai Balman

Area 7: Cooper Lutton & Freya Shearer-Jack

Area 8: Rosalyn Fletcher & Thomas Welk

## MIDDLE

Area 9: Malik Ashwin & Trinity Hughes

Area 10: Danica Edangal & Roweena Alley

Area 15: Darcy Rule & Lily Edwards



## SENIOR



Area 16: Sophee Arnold & Summer-Lee Turner

Area 17: Dakota Rule & Damon Mader

# SCHOOL NEWS/EVENTS

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## From Mrs Wilson in the Library

The Book Fair is coming to Nulsen Primary School! It will arrive on 27th May and be here until the 31st May, 2024 and we can't wait!

Come and catch the reading bug, support our school whilst getting your hands on the best new children's books. See you there.



# BOOK FAIR GARDEN

Catch the reading bug!



## From Mrs Berryman

The next instalment of the Rotary Bikes Project has begun! Tyler, Jack, Braylie and Dom were very excited to pick an old bike to work on and team up with their new mentor.

The bikes are stripped down and rebuilt by the students who take ownership of the bike and are provided with a new bike helmet.

Students have the opportunity to build their social skills and establish relationships with community members. The Rotary members enjoy building the capacity in the students for leadership and promoting confidence in building and achieving a new skill, all whilst promoting pride and respect.

In 6 weeks or so, we will see the finished products.



# SCHOOL NEWS/EVENTS

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## AEDC Information

### Building a national picture of child health

From May 2024, our school, along with thousands of others across the country, will participate in the Australian Early Development Census (AEDC).

The AEDC is a teacher-completed census (similar to a questionnaire) which provides a comprehensive picture of how children have developed by the time they start their first year of full-time school.

The AEDC is an Australian Government Initiative and is completed nationally every three years.

Children don't miss any class time while the AEDC is completed, and parents/carers don't need to supply schools with any new information.

The data collected through the AEDC is used by schools, communities and governments to better understand children and families' needs, and identify the services, resources and support they need.

AEDC data is reported at a school, community, state/territory and national level. AEDC results for individual children are not reported and the AEDC is not used as an individual diagnostic tool.

Some teachers have found that completing the AEDC made them more aware of the needs of individual children and their class, and that the data was useful for planning for transitions to Year 1 and developing programs.

Participation in the AEDC is voluntary, however the AEDC relies on all schools with children in their first year of full-time school participating in the collection. Parents/carers don't need to take any action unless they choose not to include their children in the census. To find out more about the AEDC and how it is being used to help children and families visit: [www.aedc.gov.au](http://www.aedc.gov.au).

If you have any questions, you can contact Janet-Marie Wombell on 9076 3800.



**Thank you to the Esperance Shire that put in a ramp to our ECE pedestrian gate. ECE is now much more accessible with prams and scooters/bikes! And.. less trips too!!**

# TRIPLE P INFORMATION

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## Free Online Parent Workshops Term 2, 2024 Calendar

Facilitated by school psychologist consultants with the Triple P and Child and Parent Centre teams.

The Triple P and Child and Parent Centre teams are excited to offer a series of free online workshops for families. The Triple P - Positive Parenting Program gives parents and carers ideas and strategies to help their child develop the skills and behaviours they need for a healthy childhood. To learn more about Triple P, visit the [Education in WA website](#).

### How to register

Click/type the link below into your browser: <https://forms.office.com/r/HaYJuCciQf>

Registration is essential to attend online workshops and will close 24 hours before the scheduled workshop. You will be sent an email with information and a link to join on the morning of the workshop. We would recommend downloading the [Webex app](#) ahead of the workshop.

If you would like to register for other Triple P workshops, please visit the [Triple P in WA website](#) and search for upcoming sessions by location. Parents can also access a range of [Triple P Online programs](#) for free.

Date and time	Workshop
Tuesday 7 <sup>th</sup> May 8pm – 10pm	<b>Sharing and getting along (Toddlers)</b> Toddlers may bite, <a href="#">scratch</a> or throw while they are learning how to manage their emotions and learning to use words. In this session we will help you, to help your child, to learn how to express their feelings in calm, non-hurtful ways. We will make suggestions about how to teach your toddler skills for getting along with others.
Tuesday 14 <sup>th</sup> May 7pm - 9pm	<b>The power of positive parenting (under 12 years)</b> Children of all ages need a safe, <a href="#">secure</a> and loving environment to do well. This seminar will discuss children's behaviour, how to create a safe, <a href="#">interesting</a> and positive learning environment, how to use assertive discipline, and taking care of yourself as a parent.



# TRIPLE P INFORMATION

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<p>Tuesday 21<sup>st</sup> May 8pm – 10pm</p>	<p><b>Overcoming fears (3-8 years)</b> Fears are common in childhood and a normal part of growing up. In this session we will talk about how to respond in helpful ways to anxious feelings and help you to support your child to process and manage emotions. We will provide suggestions to help develop your child's resilience and reduce their fears.</p>
<p>Tuesday 28<sup>th</sup> May 7pm – 9.30pm</p>	<p><b>Fear-Less: Supporting children with anxiety (6-14 years)</b> Everyone feels anxious at times, even children and teenagers. But anxiety may cause distress and get in the way of life. This seminar will help parents to understand how anxiety works, how to manage your child's anxiety effectively and teach your child new coping skills.</p>
<p>Tuesday 4<sup>th</sup> June 8pm – 10pm</p>	<p><b>Learning to cooperate (2-5 years)</b> As children become more independent and test boundaries, we can help them to accept limits and cooperate with instructions. In this session we will talk about supporting little people to calm, setting rules, encouraging listening and how to respond to uncooperative behaviours.</p>
<p>Tuesday 11<sup>th</sup> June 7pm - 9pm</p>	<p><b>Promoting digital wellbeing (10-16 years)</b> One of the challenges for parents is knowing how to monitor and manage their teenager's use of technology, such as the internet, websites, social media, smart <a href="#">phones</a> and other communication devices. This workshop will help you set rules and appropriate limits to encourage responsible, safe use of these evolving opportunities.</p>
<p>Tuesday 18<sup>th</sup> June 7pm - 9pm</p>	<p><b>Raising responsible teenagers (10-16 years)</b> This seminar will cover six 'key ingredients' to help your teenager become a responsible and independent young adult: taking part in family decision-making, being respectful and considerate, being involved in family activities, developing a healthy lifestyle, being reliable, and being assertive.</p>



## ESPERANCE



**Stop breast and ovarian cancers in their tracks.**

## Mother's Day Classic Sunday 12 May

7:30am 8km Run or 8:30am 4km Walk  
Esperance Whale Tail

**Walk or run  
Move till we're done**

*Register Now!*



[mothersdayclassic.com.au](http://mothersdayclassic.com.au)

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